









18/02/19	19/02/19	20/02/19
<p style="text-align: center;"><b>Stay &amp; Play @ Grove Cottage</b> 10am – 12pm</p>	<p style="text-align: center;"><b>Staff Training day @ Grove Cottage</b> 9.30pm – 4.30pm</p>	<p style="text-align: center;"><b>Baking @ Grove Cottage</b> 11am – 3pm</p>
<p>This session will be run by <b>Natasha Rayner</b></p> <p>This session is for Grove Cottage members aged <b>0 – 5 years old</b>. Parents are welcomed to come to Grove Cottage to stay and play with their children and catch up with other parents. The session is <b>free</b> however we do ask for a voluntary contribution towards tea &amp; biscuits.</p> 	<p style="text-align: center;"><b>There will be no clubs during the day as their will be a training day for staff and volunteers.</b></p>	<p>This session will be run by <b>Sam Wardle</b></p>
<p style="text-align: center;"><b>Bubble man @ The Rhodes Centre</b> 1.00pm – 5pm</p>	<p style="text-align: center;"><b>Movie night @ Grove Cottage</b> 5pm – 8pm</p>	<p>This session is exclusive to <b>members of Saturday's Big Play group</b>. There are <b>7 spaces</b> available. Session cost <b>£4.00 ph</b>.</p>
<p>This session will be run by <b>Sam Wardle</b></p>	<p>This session will be run by <b>Freya Boittier</b></p>	<p>During this session we will be doing some baking! We will be making some <b>chocolate tiffin fridge cakes</b> to take home and share and some <b>fairy cakes</b> to eat during the session.</p>
<p>This session is for Grove Cottage members <b>aged 5 – 12 years old</b>. There are <b>10 spaces</b> available. Session cost: <b>£4.00 ph</b> with a suggested voluntary ticket contribution of <b>£5.00</b>.</p> <p>This session we will be walking to the Rhodes Centre to watch the amazing <b>Bubble Man!</b> We will then walk back to Grove Cottage and Play!</p>  <p>Please bring a snack and drink for your child bearing in mind our no nuts policy. Please bring a buggy (if needed) for walking to the Rhodes Centre.</p>	<p>This session is for Grove Cottage members <b>aged 13+</b>. There are <b>15 spaces</b> for this session. Session cost: <b>£4.00 ph</b>.</p>  <p>During this session the members will be...</p> <ul style="list-style-type: none"> <li>• watching movies of our member's choice</li> <li>• having a pizza dinner (<i>If you have an allergy or dietary preference please let Freya know prior to the session.</i>)</li> <li>• having a pamper including using the foot spa, hand massages and nail painting, makeup makeovers, hair styling and face masks.</li> </ul> <p>Please feel free to come in your PJ's for the ultimate relaxation!</p>	<p>Please bring a packed lunch and snacks bearing in mind our no nut policy.</p> 
		<p><i>Wednesday Adult Club will run as usual from 7pm - 9pm. For more information, please talk to the club leader, Lynne Andrews.</i> <a href="mailto:wednesday@mencapgrovecottage.org">wednesday@mencapgrovecottage.org</a></p>

For more information about these dates and activities, please contact **Freya Boittier** (Holiday Club Coordinator) on [freya@mencapgrovecottage.org](mailto:freya@mencapgrovecottage.org). Booking is on a first come first serve basis. The closing date for booking is 4<sup>th</sup> February 2019.

21/02/19	22/02/19	23/02/19
<p><b>Play Session @ Grove Cottage</b> 9.30am – 2.30pm</p>	<p><b>Trampolining @ Base Jump</b> 9.30am – 3.30pm</p>	<p><b>Big Play @ Grove Cottage</b> 9.30am – 12.30pm</p>
<p>This session will be run by <b>Sam Wardle</b></p>	<p>This session will be run by <b>Freya Boittier</b></p>	<p>This session will be run by <b>Sam Wardle</b></p>
<p>This session is for Grove Cottage members <b>aged 5 - 12</b>. There are <b>12 spaces</b> available for this session. Session cost: <b>£4.00 ph</b>.</p> <p>During this session the members will be lead the session and play. The children will be making something as a surprise gifts for their family or friends.</p> <p>Please bring a lunch and drink for your child bearing in mind our no nuts policy.</p> <p>If we should decide to go for a walk to the park during the day, please bring a buggy (if needed).</p> 	<p>This session is for Grove Cottage members <b>aged 13+</b>. There are <b>10 spaces</b> available. Session cost <b>£4.00 ph</b> and <b>£14.00</b> for trampolining.</p>  <p>This session we will be heading to <b>Base Jump Trampoline park!</b> We will have an hour jump time at 11am, eat lunch and then head towards for Southend sea front to explore the arcades.</p> <p>Can everyone please bring a packed lunch so we can all eat together. Also please bring some money for the arcades (£5 - £10).</p>	<p>This session is exclusive to <b>members of Saturday's Big Play group</b>. There are <b>7 spaces</b> available. Session cost <b>£4.00 ph</b>.</p> <p>This will be a member lead session. Members are welcome to bring either a snack or lunch depending the individuals needs for the timing of this group.</p> 
<p><i>Thursday Adult Club will run as usual from 7pm - 9pm. For more information, please talk to the club leader, Kat Kehoe. <a href="mailto:kat@mencapgrovecottage.org">kat@mencapgrovecottage.org</a></i></p>		<p><b>Sibling Group @ Ace Lane Bowling</b> 1.30pm – 5.30pm</p> <p>This session will be run by <b>Sam Wardle</b></p> <p>This session is for Grove Cottage member's <b>siblings aged 5 – 12 years old</b>. There are <b>10 spaces</b> available. <b>£4 ph + £5.95 for bowling</b>.</p> <p>We will be meeting and picking up from the Grove Cottage building. The children will be walking to and from the bowling alley. Please bring a snack and drink for your child bearing in mind our no nuts policy. The children will have the opportunity to go on the arcade games so please bring pocket money (£5.00 or under).</p>  <p>For more information about multiple siblings per booking please contact <b>Freya Boittier</b>. Also your child will need to have completed a <b>Grove Cottage data form</b> before attending the session, again speak to <b>Freya</b> for more details.</p>

For more information about these dates and activities, please contact **Freya Boittier** (Holiday Club Coordinator) on [freya@mencapgrovecottage.org](mailto:freya@mencapgrovecottage.org). Booking is on a first come first serve basis. The closing date for booking is 4<sup>th</sup> February 2019.